#### **DAY CARE LIST**

## I. Cardiology Related:

- 1. Coronary Angiography
- II. ENT Related:
- 2. Myringotomy With Grommet Insertion
- 3. Tympanoplasty (closure Of An Eardrum Perforation reconstruction Of The Auditory Ossicles)
- 4. Removal Of A Tympanic Drain
- 5. Operations On The Turbinates (nasal Concha)
- 6. Stapedotomy To Treat Various Lesions In Middle Ear
- 7. Revision Of A Stapedectomy
- 8. Other Operations On The Auditory Ossicles
- 9. Myringoplasty (post-aura/endaural Approach As Well As
- Simple Type-I Tympanoplasty)
- 10. Fenestration Of The Inner Ear
- 11. Revision Of A Fenestration Of The Inner Ear
- 12. Palatoplasty
- 13. Transoral Incision And Drainage Of A Pharyngeal Abscess
- 14. Tonsillectomy Without Adenoidectomy15. Tonsillectomy With Adenoidectomy
- 16. Excision And Destruction Of A Lingual Tonsil
- 17. Revision Of A Tympanoplasty
- 18. Other Microsurgical Operations On The Middle Ear
- 19. Incision Of The Mastoid Process And Middle Ear
- 20. Mastoidectomy
- 21. Reconstruction Of The Middle Ear
- 22. Other Excisions Of The Middle And Inner Ear
- 23. Other Operations On The Middle And Inner Ear
- 24. Excision And Destruction Of Diseased Tissue Of The Nose
- 25. Nasal Sinus Aspiration
- 26. Foreign Body Removal From Nose
- 27. Adenoidectomy
- 28. Stapedectomy Under GA
- 29. Stapedectomy Under LA
- 30. Tympanoplasty (type IV)
- 31. Turbinectomy
- 32. Endoscopic Stapedectomy
- 33. Incision And Drainage Of Perichondritis
- 34. Septoplasty
- 35. Thyroplasty Type I
- 36. Pseudocyst Of The Pinna Excision
- 37. Incision And Drainage Haematoma Auricle
- 38. Reduction Of Fracture Of Nasal Bone
- 39. Excision Of Angioma Septum
- 40. Turbinoplasty
- 41. Incision & Drainage Of Retro Pharyngeal Abscess
- 42. Uvulo Palato Pharyngo Plasty
- 43. Adenoidectomy With Grommet Insertion
- 44. Adenoidectomy Without Grommet Insertion
- 45. Incision & Drainage Of Para Pharyngeal Abscess

# III. Gastroenterology Related:

- 46. Pancreatic Pseudocyst Eus & Drainage
- 47. RF Ablation For Barrett's Oesophagus
- 48. EUS + Aspiration Pancreatic Cyst
- 49. Small Bowel Endoscopy (therapeutic)
- 50. Colonoscopy, Lesion Removal
- 51. ERCP
- 52. Colonscopy Stenting Of Stricture
- 53. Percutaneous Endoscopic Gastrostomy
- 54. EUS And Pancreatic Pseudo Cyst Drainage
- 55. ERCP And Choledochoscopy
- 56. Proctosigmoidoscopy Volvulus Detorsion
- 57. ERCP And Sphincterotomy
- 58. Esophageal Stent Placement
- 59. ERCP + Placement Of Biliary Stents
- 60. Sigmoidoscopy W / Stent
- 61. EUS + Coeliac Node Biopsy
- IV. General Surgery Related:
- 62. Incision Of A Pilonidal Sinus / Abscess
- 63. Fissure In Ano Sphincterotomy
- 64. Piles Banding
- 65. Surgery for Hernia
- 66. Surgical Treatment Of Anal Fistulas
- 67. Division Of The Anal Sphincter (sphincterotomy)
- 68. Epididymectomy

- 69. Incision Of The Breast Abscess
- 70. Operations On The Nipple
- 71. Excision Of Single Breast Lump
- 72. Incision And Excision Of Tissue In The Perianal Region
- 73. Surgical Treatment Of Hemorrhoids
- 74. Sclerotherapy
- 75. Wound Debridement And Cover
- 76. Abscess-decompression
- 77. Infected Sebaceous Cyst
- 78. Incision And Drainage Of Abscess
- 79. Suturing Of Lacerations
- 80. Scalp Suturing
- 81. Infected Lipoma Excision
- 82. Maximal Anal Dilatation
- 83. Piles Injection Sclerotherapy
- 84. Liver Abscess- Catheter Drainage
- 85. Fissure In Ano- Fissurectomy
- 86. Fibroadenoma Breast Excision
- 87. Oesophageal Varices Sclerotherapy
- 88. ERCP Pancreatic Duct Stone Removal
- 89. Perianal Abscess I & D
- 90. Perianal Hematoma Evacuation
- 91. UGI Scopy And Polypectomy Oesophagus
- 92. Breast Abscess I & D
- 93. Oesophagoscopy And Biopsy Of Growth Oesophagus
- 94. ERCP Bile Duct Stone Removal
- 95. Splenic Abscesses Laparoscopic Drainage
- 96. UGI Scopy And Polypectomy Stomach
- 97. Feeding Jejunostomy
- 98. Varicose Veins Legs Injection Sclerotherapy
- 99. Pancreatic Pseudocysts Endoscopic Drainage
- 100. Zadek's Nail Bed Excision
- 101. Rigid Oesophagoscopy For Dilation Of Benign Strictures
- 102. Lord's Plication
- 103. Jaboulay's Procedure
- 104. Scrotoplasty
- 105. Circumcision For Trauma
- 106. Meatoplasty
- 107. Intersphincteric Abscess Incision And Drainage
- 108. PSOAS Abscess Incision And Drainage
- 109. Thyroid Abscess Incision And Drainage
- 110. Tips Procedure For Portal Hypertension
- 111. Esophageal Growth Stent
- 112. Pair Procedure Of Hydatid Cyst Liver
- 113. Tru Cut Liver Biopsy
- 114. Laparoscopic Reduction Of Intussusception
- 115. Microdochectomy Breast
- 116. Sentinel Node Biopsy 117. Testicular Biopsy
- 118. Sentinel Node Biopsy Malignant Melanoma
- 119. TURBT
- 120. URS + LL

# V. Gynecology Related:

- 121. Conization Of The Uterine Cervix
- 122. Local Excision And Destruction Of Diseased Tissue Of
- The Vagina And The Pouch Of Douglas
- 123. Incision Of Vulva
- 124. Salpingo-oophorectomy Via Laparotomy
- 125. Endoscopic Polypectomy
- 126. Hysteroscopic Removal Of Myoma
- 127. D & C
- 128. Hysteroscopic Resection Of Septum
- 129. Thermal Cauterisation Of Cervix
- 130. Mirena Insertion
- 131. Laparoscopic Hysterectomy
- 132. LEEP (Loop Electrosurgical Excision Procedure)
- 133. Cryocauterisation Of Cervix
- 134. Polypectomy Endometrium
- 135. Hysteroscopic Resection Of Fibroid
- 136. LLETZ (large loop excision of the transformation zone)
- 137. Conization
- 138. Polypectomy Cervix
- 139. Hysteroscopic Resection Of Endometrial Polyp
- 140. Vulval Wart Excision
- 141. Laparoscopic Paraovarian Cyst Excision

- 142. Uterine Artery Embolization
- 143. Laparoscopic Cystectomy
- 144. Hymenectomy (Imperforate Hymen)
- 145. Vaginal Wall Cyst Excision
- 146. Vulval Cyst Excision
- 147. Laparoscopic Paratubal Cyst Excision
- 148. Vaginal Mesh For POP
- 149. Laparoscopic Myomectomy
- 150. Repair Recto- Vagina Fistula
- 151. Pelvic Floor Repair (Excluding Fistula Repair)
- 152. Laparoscopic Oophorectomy

# VI. Neurology Related:

- 153. Facial Nerve Glycerol Rhizotomy
- 154. Stereotactic Radiosurgery
- 155. Percutaneous Cordotomy
- 156. Diagnostic Cerebral Angiography
- 157. VP Shunt
- 158. Ventriculoatrial Shunt

# VII. Oncology Related:

- 159. Radiotherapy For Cancer
- 160. Cancer Chemotherapy
- 161. IV Push Chemotherapy
- 162. HBI-hemibody Radiotherapy
- 163. Infusional Targeted Therapy
- 164. SRT-stereotactic ARC Therapy
- 165. SC Administration Of Growth Factors
- 166. Continuous Infusional Chemotherapy
- 167. Infusional Chemotherapy
- 168. CCRT-concurrent Chemo + RT
- 169. 2D Radiotherapy
- 170. 3D Conformal Radiotherapy
- 171. IGRT- Image Guided Radiotherapy
- 172. IMRT- Step & Shoot
- 173. Infusional Bisphosphonates
- 174. IMRT- DMLC
- 175. Rotational Arc Therapy
- 176. Tele Gamma Therapy
- 177. FSRT-fractionated SRT
- 178. VMAT-volumetric Modulated Arc Therapy
- 179. SBRT-stereotactic Body Radiotherapy
- 180. Helical Tomotherapy
- 181. SRS-stereotactic Radiosurgery
- 182. X-knife SRS
- 183. Gammaknife SRS
- 184. TBI- Total Body Radiotherapy
- 185. Intraluminal Brachytherapy
- 186. Electron Therapy
- 187. TSET-total Electron Skin Therapy
- 188. Extracorporeal Irradiation Of Blood Products
- 189. Telecobalt Therapy
- 190. Telecesium Therapy
- 191. External Mould Brachytherapy
- 192. Interstitial Brachytherapy
- 193. Intracavity Brachytherapy
- 194. 3D Brachytherapy
- 195. Implant Brachytherapy
- 196. Intravesical Brachytherapy
- 197. Adjuvant Radiotherapy
- 198. Afterloading Catheter Brachytherapy
- 199. Conditioning Radiothearpy For BMT
- 200. Nerve Biopsy
- 201. Muscle Biopsy
- 202. Epidural Steroid Injection
- 203. Extracorporeal Irradiation To The Homologous Bone
- Grafts
- 204. Radical Chemotherapy
- 205. Neoadjuvant Radiotherapy
- 206. LDR Brachytherapy
- 207. Palliative Radiotherapy
- 208. Radical Radiotherapy
- 209. Palliative Chemotherapy 210. Template Brachytherapy
- 211. Neoadjuvant Chemotherapy
- 212. Adjuvant Chemotherapy
- 213. Induction Chemotherapy

- 214. Consolidation Chemotherapy
- 215. Maintenance Chemotherapy
- 216. HDR Brachytherapy

# VIII. Operations On The Salivary Glands & Salivary Ducts:

- 217. Incision And Lancing Of A Salivary Gland And A Salivary Duct
- 218. Excision Of Diseased Tissue Of A Salivary Gland And A Salivary Duct
- 219. Resection Of A Salivary Gland
- 220. Reconstruction Of A Salivary Gland And A Salivary Duct

### IX. Operations On The Skin & Subcutaneous Tissues:

- 221. Surgical Wound Toilet (wound Debridement) And Removal
- Of Diseased Tissue Of The Skin And Subcutaneous

- 222. Local Excision Of Diseased Tissue Of The Skin And
- Subcutaneous Tissues
- 223. Simple Restoration Of Surface Continuity Of The Skin And
- Subcutaneous Tissues
- 224. Free Skin Transplantation, Donor Site
- 225. Free Skin Transplantation, Recipient Site
- 226. Revision Of Skin Plasty
- 227. Chemosurgery To The Skin. 228. Destruction Of Diseased Tissue In The Skin And
- Subcutaneous Tissues
- 229. Reconstruction Of Deformity/defect In Nail Bed
- 230. Excision Of Bursirtis
- 231. Tennis Elbow Release

#### X. Operations On The Tongue:

- 232. Incision, Excision And Destruction Of Diseased Tissue Of
- The Tongue
- 233. Partial Glossectomy
- 234. Glossectomy
- 235. Reconstruction Of The Tongue

## XI. Ophthalmology Related

- 236. Surgery For Cataract
- 237. Incision Of Tear Glands
- 238. Incision Of Diseased Eyelids
- 239. Excision And Destruction Of Diseased Tissue Of The
- Eyelid
- 240. Operations On The Canthus And Epicanthus
- 241. Corrective Surgery For Entropion And Ectropion
- 242. Corrective Surgery For Blepharoptosis
- 243. Removal Of A Foreign Body From The Conjunctiva
- 244. Removal Of A Foreign Body From The Cornea
- 245. Incision Of The Cornea
- 246. Operations For Pterygium
- 247. Removal Of A Foreign Body From The Lens Of The Eye
- 248. Removal Of A Foreign Body From The Posterior Chamber Of The Eve
- 249. Removal Of A Foreign Body From The Orbit And Eyeball
- 250. Correction Of Eyelid Ptosis By Levator Palpebrae
- Superioris Resection (bilateral)
- 251. Correction Of Eyelid Ptosis By Fascia Lata Graft (bilateral)
- 252. Diathermy/cryotherapy To Treat Retinal Tear
- 253. Anterior Chamber Paracentesis/ Cyclodiathermy/
- Cyclocryotherapy/ Goniotomy Trabeculotomy And Filtering
- And Allied Operations To Treat Glaucoma
- 254. Enucleation Of Eye Without Implant
- 255. Dacryocystorhinostomy For Various Lesions Of Lacrimal Gland
- 256. Laser Photocoagulation To Treat Ratinal Tear
- 257. Biopsy Of Tear Gland

# XII. Orthopedics Related:

- 258. Incision On Bone, Septic And Aseptic
- 259. Closed Reduction On Fracture, Luxation Or
- Epiphyseolysis With Osteosynthesis
- 260. Suture And Other Operations On Tendons And Tendon
- 261. Reduction Of Dislocation Under GA
- 262. Arthroscopic Knee Aspiration
- 263. Surgery For Ligament Tear
- 264. Surgery For Hemoarthrosis/pyoarthrosis
- 265. Removal Of Fracture Pins/nails
- 266. Removal Of Metal Wire
- 267. Closed Reduction On Fracture, Luxation

- 268. Reduction Of Dislocation Under GA
- 269. Epiphyseolysis With Osteosynthesis
- 270. Excision Of Various Lesions In Coccyx
- 271. Arthroscopic Repair Of Acl Tear Knee
- 272. Closed Reduction Of Minor Fractures
- 273. Arthroscopic Repair Of PCL Tear Knee
- 274. Tendon Shortening
- 275. Arthroscopic Meniscectomy Knee
- 276. Treatment Of Clavicle Dislocation
- 277. Haemarthrosis Knee- Lavage
- 278. Abscess Knee Joint Drainage
- 279. Carpal Tunnel Release
- 280. Closed Reduction Of Minor Dislocation
- 281. Repair Of Knee Cap Tendon
- 282. ORIF With K Wire Fixation- Small Bones
- 283. Release Of Midfoot Joint
- 284. ORIF With Plating- Small Long Bones 285. Implant Removal Minor
- 286. K Wire Removal
- 287. Closed Reduction And External Fixation
- 288. Arthrotomy Hip Joint
- 289. Syme's Amputation
- 290. Arthroplasty
- 291. Partial Removal Of Rib
- 292. Treatment Of Sesamoid Bone Fracture
- 293. Shoulder Arthroscopy / Surgery
- 294. Elbow Arthroscopy
- 295. Amputation Of Metacarpal Bone 296. Release Of Thumb Contracture
- 297. Incision Of Foot Fascia
- 298. Partial Removal Of Metatarsal
- 299. Repair / Graft Of Foot Tendon
- 300. Amputation Follow-up Surgery
- 301. Exploration Of Ankle Joint
- 302. Remove/graft Leg Bone Lesion
- 303. Repair/graft Achilles Tendon
- 304. Remove Of Tissue Expander
- 305. Biopsy Elbow Joint Lining
- 306. Removal Of Wrist Prosthesis
- 307. Biopsy Finger Joint Lining
- 308. Tendon Lengthening 309. Treatment Of Shoulder Dislocation
- 310. Lengthening Of Hand Tendon
- 311. Removal Of Elbow Bursa
- 312. Fixation Of Knee Joint
- 313. Treatment Of Foot Dislocation
- 314. Surgery Of Bunion
- 315. Tendon Transfer Procedure
- 316. Removal Of Knee Cap Bursa
- 317. Treatment Of Fracture Of Ulna
- 318. Treatment Of Scapula Fracture
- 319. Removal Of Tumor Of Arm/ Elbow Under RA/GA
- 320. Repair Of Ruptured Tendon
- 321. Decompress Forearm Space
- 322. Revision Of Neck Muscle (torticollis Release)
- 323. Lengthening Of Thigh Tendons
- 324. Treatment Fracture Of Radius & Ulna

# XIII. Other Operations On The Mouth & Face:

- 325. External Incision And Drainage In The Region Of The
- Mouth, Jaw And Face
- 326. Incision Of The Hard And Soft Palate
- 327. Excision And Destruction Of Diseased Hard And Soft Palate

# XIV. Pediatric Surgery Related:

- 328. Excision Of Fistula-in-ano
- 329. Excision Juvenile Polyps Rectum
- 330. Vaginoplasty
- 331. Dilatation Of Accidental Caustic Stricture Oesophageal
- 332. Presacral Teratomas Excision
- 333. Removal Of Vesical Stone
- 334. Excision Sigmoid Polyp
- 335. Sternomastoid Tenotomy
- 336. Infantile Hypertrophic Pyloric Stenosis Pyloromyotomy
- 337. Excision Of Soft Tissue Rhabdomyosarcoma
- 338. Mediastinal Lymph Node Biopsy

- 339. High Orchidectomy For Testis Tumours
- 340. Excision Of Cervical Teratoma
- 341. Rectal-myomectomy
- 342. Rectal Prolapse (delorme's Procedure)
- 343. Detorsion Of Torsion Testis

### XV. Thoracic Surgery Related:

- 344. Thoracoscopy And Lung Biopsy
- 345. Excision Of Cervical Sympathetic Chain Thoracoscopic
- 346. Laser Ablation Of Barrett's Oesophagus
- 347. Pleurodesis
- 348. Thoracoscopy And Pleural Biopsy
- 349. EBUS + Biopsy
- 350. Thoracoscopy Ligation Thoracic Duct
- 351. Thoracoscopy Assisted Empyema Drainage XVI. Urology Related:

- 352. Haemodialysis
- 353. Lithotripsy/nephrolithotomy For Renal Calculus
- 354. Excision Of Renal Cyst
- 355. Drainage Of Pyonephrosis/perinephric Abscess
- 356. Incision Of The Prostate
- 357. Transurethral Excision And Destruction Of Prostate Tissue
- 358. Transurethral And Percutaneous Destruction Of Prostate Tissue
- 359. Open Surgical Excision And Destruction Of Prostate Tissue
- 360. Operations On The Seminal Vesicles
- 361. Other Operations On The Prostate
- 362. Incision Of The Scrotum And Tunica Vaginalis Testis
- 363. Operation On A Testicular Hydrocele
- 364. Other Operations On The Scrotum And Tunica Vaginalis Testis
- 365. Incision Of The Testes
- 366. Excision And Destruction Of Diseased Tissue Of The
- Testes
- 367. Unilateral Orchidectomy
- 368. Bilateral Orchidectomy
- 369. Surgical Repositioning Of An Abdominal Testis
- 370. Reconstruction Of The Testis
- 371. Other Operations On The Testis
- 372. Excision In The Area Of The Epididymis
- 373. Operations On The Foreskin
- 374. Local Excision And Destruction Of Diseased Tissue Of
- The Penis
- 375. Other Operations On The Penis
- 376. Cystoscopical Removal Of Stones
- 377. Lithotripsy
- 378. Biopsy Oftemporal Artery For Various Lesions
- 379. External Arterio-venous Shunt
- 380. AV Fistula Wrist
- 381. URSL With Stenting
- 382. URSL With Lithotripsy
- 383. Cystoscopic Litholapaxy
- 384. ESWL
- 385. Cystoscopy & Biopsy
- 386. Cystoscopy And Removal Of Polyp
- 387. Suprapubic Cystostomy
- 388. Percutaneous Nephrostomy
- 389. Cystoscopy And "SLING" Procedure
- 390. TUNA- Prostate
- 391. Excision Of Urethral Diverticulum
- 392. Excision Of Urethral Prolapse
- 393. Mega-ureter Reconstruction
- 394. Kidney Renoscopy And Biopsy
- 395. Ureter Endoscopy And Treatment
- 396. Surgery For Pelvi Ureteric Junction Obstruction
- 397. Anderson Hynes Operation
- 398. Kidney Endoscopy And Biopsy
- 399. Paraphimosis Surgery
- 400. Surgery For Stress Urinary Incontinence
- 401. Injury Prepuce- Circumcision
- 402. Frenular Tear Repair
- 403. Meatotomy For Meatal Stenosis
- 404. Surgery For Fournier's Gangrene Scrotum
- 405. Surgery Filarial Scrotum
- 406. Surgery For Watering Can Perineum

407. Repair Of Penile Torsion 408. Drainage Of Prostate Abscess 409. Orchiectomy

Note: The standard exclusions and waiting periods are applicable to all of the above procedures depending on the medical condition/ disease under treatment. Only 24 hours **Hospitalisation** is not mandatory.